



Caregiver Corner

City of Alexandria
Division of Aging and Adult Services

"Thank you. Because you...ask, understand, take time, include, speak out, make a difference!"

- Unknown-

Caregiver Tip:

Medicare Open Enrollment is October 15-December 7, 2016

During this period you can make changes to your Medicare prescription drug plan. You can also change from a Medicare advantage plan back to original Medicare and sign up for Medicare Part D. Everyone with a Medicare Part D prescription drug plan should review their coverage. Below are some things to look for:

- Check for changes in the monthly cost you pay for your plan (the premium).
- Check the cost of each medication you take, as costs may increase or decrease.
- Plans can also change the drugs covered (the formulary) and the amount of the annual deductible (the amount you must pay before your prescription drug plan begins to pay) so review these too.

Be sure to visit our web site during the week of October 17, 2016 for detailed information on how to review and make changes to your plan, and learn how you can prevent Medicare fraud and abuse.

For more information visit: <https://www.alexandriava.gov/dchs/adultservices>

Resources:

Senior Law Day: Senior Services of Alexandria and the Alexandria Bar Association presents its Sixth Annual Senior Law Day on Saturday, October 15, 2016 from 8:30 a.m.-12:30 p.m. at the First Baptist Church of Alexandria. Local experts will discuss the importance of planning for the future, including knowing what legal instruments and documents to have in place. For more information Senior Services of Alexandria at 703.836.4414, extension 111.

For questions, comments or to remove your name from our mailing list, please email pamela.austin@alexandriava.gov or call 703.746.5738.



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